



APM Project Risk Management Level 1 (Risk1) Learning Plan

Version 2.0

ILX Group plc | 3rd Floor | 86-90 Paul Street | London EC2A 4NE | United Kingdom

T +44 (0)1270 611 600 **E** contactus@ilxgroup.com

Copyright © ILX Group

Purpose and Scope

This course helps prepare you for the APM Project Risk Management Level 1 examination. In order to prepare correctly you must be able to complete all required elements of your learning. This includes the completion of all guided and directed learning that ILX provides.

Target Audience

There are no formal pre-requisites for APM Risk Level 1 however the examination assumes that those taking the examination have the level of project risk management knowledge specified in the APM Project Management Qualification syllabus. Those taking the exam are also expected to have read or be familiar with the Project Risk Analysis and Management (PRAM) Guide 2nd Edition.

Learning objectives

By the end of this course, you should:

- Be able to define project risk, project risk management and risk event.
- Be able to list the benefits of risk management and possible threats to effective risk management.
- Principles – Be able to define threat and opportunity.
- Process – Be able to define the PRAM process.
- Initiate – Be able to define project objective, scope, success criteria, stakeholder and stakeholder analysis.
- Be able to define risk identification techniques.
- Be able to define Probability / impact assessment, Structured risk descriptions, i.e. cause, event and effect, Risk breakdown structures.
- Be able to define quantitative risk assessment techniques.
- Risk response: Be able to define risk response techniques.
- Organisation and control: Be able to define the risk management plan, roles and responsibilities of those involved in the risk management process, the contents of a risk register, risk reviews and project contingency/ management reserve.
- Behaviours - Be able to identify multiple behaviours.
- Application - Be able to list the main steps of introduction of risk management to an organisation.

ILX Course Structure

ILX delivers instructor-led training that can either be face to face in a classroom or in a virtual environment.

Course name	Delivery method	Guided Learning (hrs)	Guided Learning Format	Directed Development (hrs)	Directed Development Format
Risk 1	Classroom Or Virtual	16 hrs	Two days instructor led training. Course includes mandatory pre-work that must be completed prior to the course	13.5 hrs	13.5 hrs ILX learning resources.

Definition of Guided Learning and Directed Development

Guided learning: Guided learning is learning that is under the immediate guidance or supervision of the ILX team.

Directed development: This is development that is not under the immediate guidance or supervision of a member of ILX but will help you as the learner prepare for the examination.

- **ILX Direct Development Learning Resources:** Includes a range of materials eg reading, videos and on-the-job development. We follow the three “Rs” of directed development.

The directed development is provided to you within the ILX portal and must be completed prior to taking your exam.

What are the three “Rs” of directed development?

Reading: This is processing a range of materials, typically this will be written but can also include recorded audio and video content from approved APM sources.

Research: The anticipated follow on from the reading step enabling the learner to explore adjacent and ancillary material to deepen understanding of primary topics. Typically, this may include follow on articles, conversations with colleagues and peers and review of personal experience in the primary topic.

Reflection: The third aspect of directed development which allows time for reflective processing of the learners reading and research. This allows the opportunity to prepare notes and questions that the learner can address via the guided learning.

The directed development with the notional timings for each of the three “Rs” is accessed via the ILX portal. The timings are to enable you to plan your approach to the course, ensuring completion of the learning objectives.

Responsibilities

Learner: As the learner you're responsible for planning your time for completing all elements of your chosen learning delivery and confirming that completion prior to booking the exam at a date and time as specified by you.

Instructor: Guiding and directing through the course materials and directed learning to support learners in achieving the learning objectives and assessment criteria.

ILX: Support, through delivery planning learning and services an excellent learner experience from enquiry to post course guidance.

APM: The APM are responsible for the design and maintenance of the qualification syllabus and the accreditation of the training providers and the management of the exams.

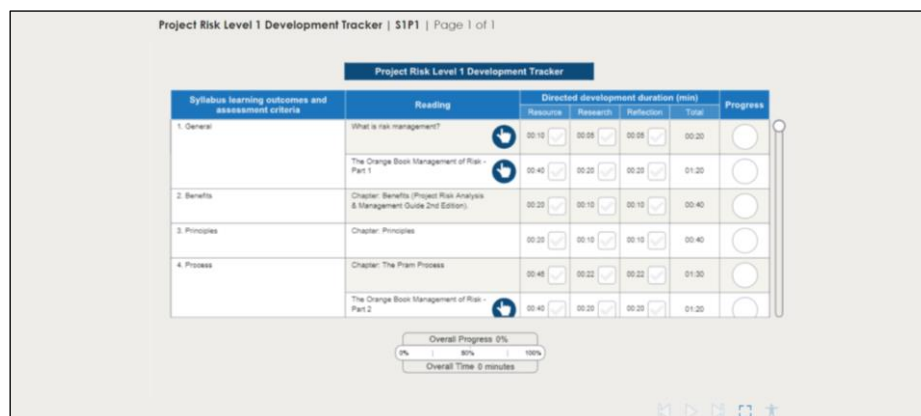
By now you should have:

- Watched the APM Learner suitability video available [here](#)
- Completed the free APM Competence framework assessment which benchmarks your performance against the 29 competences in the APM framework available [here](#). This self-assessment is free but requires you to create an APM login.
- Compared your performance with APM defined role descriptions.
- Understood the requirements for both Guided and Directed Learning as outlined in this learning plan.
- Committed to the learning hours and plan required to support your development, enabling you to meet the assessment criteria for your chosen course.

Next steps

- Complete your guided learning in full via your chosen delivery method (virtual/classroom/mentoring workshops).
- Complete all elements of your directed development which is available via the ILX portal.

For the ILX Direct Development Learning Resources please ensure once you have completed a task you tick the corresponding box. This task is not considered complete until the overall progress is at 100%.



Syllabus learning outcomes and assessment criteria	Reading	Directed development duration (min)			Progress
		Resource	Research	Reflection	
1. General	What is risk management?	00:10	00:05	00:05	00:20
	The Orange Book Management of Risk - Part 1	00:40	00:20	00:20	01:20
2. Benefits	Chapter: Benefits (Project Risk Analysis & Management Guide 2nd Edition)	00:20	00:10	00:10	00:40
3. Principles	Chapter: Principles	00:20	00:10	00:10	00:40
4. Process	Chapter: The Risk Process	00:45	00:22	00:22	01:30
	The Orange Book Management of Risk - Part 2	00:40	00:20	00:20	01:20

Overall Progress: 0%
Overall Time: 0 minutes

- Once you have completed all elements of your guided learning and directed development you will be prepared to book your exam.

Contact

If you have any questions regarding this document or need any further assistance, please email contactus@ilxgroup.com.